## Free Introduction to Inclusion and Adapted Physical Activity course!



Register now for this Halberg Inclusion Training programme teaching the core fundamentals of how to modify physical activities. If you are working with a group of people in a sport, recreation or play setting and wondering how you can include all of your group in a more effective way, this training is for you!

Where:: Netball Centre, Vautier Park

When: 25 February

Time: 6.00pm-7..30pm

Duration: A 1.5 hour session

**Who:** RSO staff, administrators or sport development staff, Sport Manawatu staff,

key volunteers

This course is free of charge



## This programme can:

- Give you more confidence in working with those with impairments
- Provide ideas when working with disabled people
- Empower you to make changes that will enhance the experience for your group
- Ensure everyone can be included
- Demonstrate how to remove barriers to participation
- Shape positive attitudes
- Provide impetus to reach out to Halberg for more information

