



Intermediate School (Year 7 - 8) Rules

- A size six ball will be used for the year 7 & 8 grade.
- The 3-point rule will not apply.
- No time outs.
- The 3 & 5 second rule will apply, as too will the back over half rule.
- Substitutions to be made on the whistle, referees will call the subs in.
- Fouls will be called and recorded, players can only receive 5 fouls before they are fouled out of the game (cannot return).
- Free throws are to be given for shooting fouls. Each quarter a team may have 4 team fouls, on the 5th team foul and every foul thereafter, 2 free throws are to be awarded.
- Mercy rule – any team that establishes a lead of 20 points or more must play back court defence, during which time there will be no traps or presses. Once the lead is reduced to 19 or below, the team may play full court again.
- Teams to play man-on-man defence.